

VENUE AND DURATION OF COURSE:

East Surrey College, Gatton Point, Redhill, RH1 2JX, 1 year Full-time, 4 days per week.

ENTRY REQUIREMENTS:

4 GCSE grade 9-2 (A*-E) including English and Maths.

WHAT QUALIFICATIONS WILL I GET?

Level 1 Introductory Diploma in Sport.

COURSE DESCRIPTION:

The course is ideal as a first step for people with a keen interest in sport, who wish to progress into a career in the sport and leisure industry. It has some physical activity and students will need to be enthusiastic and willing to join in a wide range of sports, as well as complete classroom work. In addition, students should allow at least one day for independent study. Students are also encouraged to look for part-time work, preferably in an industry related to their course.

All 16-18 year-olds are required to complete a minimum of 1 week's work placement (35 hours)* at a time agreed by your department head. *Exact number of hours required will depend on the level course you are enrolled on.

UNITS/TOPICS COVERED:

This course is a one-year course that will cover units such as: Being Organised, Developing a Personal Progression Plan, Working with Others, Researching a Topic, How Exercise Affects the Body, Training for Fitness, Playing Sport, Contributing to Running a Sports Event, Getting People Active and Keeping Active and Healthy. There will be an opportunity to complete a Functional Skills Level 1 Qualification in Numeracy and Literacy.

TYPE OF ASSESSMENT:

There is continual assessment throughout the programme that allows students to constantly improve and develop their portfolio. Assessment comes in a range of forms including leaflets, handbooks, essays and reports, practical assessment and observation, class tests, presentations, discussion seminars and practical projects.

EQUIPMENT NEEDED:

Students will need pens and paper and relevant stationery to complete basic classroom tasks. Students will also have the opportunity to be supplied with compulsory uniform from an external agency, consisting of one polo shirt, which must be purchased by each student individually.

WHERE CAN IT LEAD?

Achieving and passing the course, as well as a good reference from the tutor, will allow students to move onto a Sport Level 2 Extended Certificate or another Level 2 course. It can also lead to a range of jobs working in industries including but not limited to sport, outdoor and adventurous, social and youth work and events.

COURSE FEE:

If you are under 19 on 31/08/2025, tuition is free. If you are 19 or over, please consult Client Services for advice and guidance on funding and eligibility.



Please be aware that there may be additional costs for equipment and educational visits. This information will be available from the curriculum staff at interview.

WHAT TO DO NEXT:

If you have any outstanding queries, please contact our Client Services team on 01737 788444 or at clientservices@esc.ac.uk.

To apply online for this course please visit www.esc.ac.uk.

Disclaimer:

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 01737 788444.

